

# Maifeng Yang

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●Career Portfolio: <http://maifengyang.wix.com/mfyang>

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## PROFESSIONAL PROFILE

- Strong leadership involvement in various professional settings
  - Experience in community, foodservice, and clinical nutrition
  - Bilingual and fluent in English and Hmong
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## EDUCATION

- California State University, Chico - Chico, CA Fall 2012-Spring 2016
    - Bachelor of Science in Nutrition and Food Science, option in General Dietetics
      - Minor in Health and Wellness
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## WORK EXPERIENCE

Center for Healthy Communities (CHC)- Chico, CA August, 2014-Present  
Community Nutrition Assistant

- Assist in the development and coordination of nutritional educational classes for underserved populations in Butte County, CA.
- Provide comprehensive education on diet planning and food preparation to include balanced and healthy meals for the overall health of families; inclusive of adults, adolescents and children.
- Deliver fruits and vegetables tasting for "Harvest of the Month" to schools within Butte County.
- Participate in serving healthy balanced meals to seniors in Oroville, CA through the Senior Meals Program.

Family's Farmer's Market - Everett, WA June, 2006-August, 2010 (summer only)  
Floral Designer/Farmer/Cashier

- Designed and assembled assortment of flowers into bouquets.
  - Planted and harvested American and traditional Asian herbs, vegetables, and flowers on a 5 acre garden.
  - Provided best practice customer service, carefully handled large sum of cash and credit card transactions.
  - Educated patrons on herbs and vegetables i.e., healthy intakes and food preparation.
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## VOLUNTEER/INTERNSHIP/EXTERNSHIP EXPERIENCES

Clinical Nutrition Internship August, 2015-December, 2015  
Student Intern at DaVita's Dialysis Center

- Interact and evaluate lab values with dialysis patients

California State University, Chico School of Social Work August, 2014-December, 2014  
Volunteer

- Participated in role-play simulation for Dr. TangJudy Vang's Social Work 641 Advanced Practice in Mental Health Services course.
- Took on the roles of Hmong speaking clients and as an interpreter.
- Educated graduate social work students about the Hmong culture and traditional family dynamics.

Center for Healthy Communities (CHC)- Chico, CA November, 2013-August, 2014  
Nutrition Educator Intern/Student Researcher

- Developed and coordinated nutritional classes in Butte County. Provided hands-on practice in counseling and educating underserved families, adults and adolescents on understanding nutrition and best practice in proper handling of food preparation.
- Worked closely with Hmong speaking adults and seniors on understanding cultural food preferences and the ability to teach traditional meal programs according to nutritional diet programs.
- Telephoned and surveyed local farmers in Butte County regarding agricultural issues and needs through the CHC research program.

Butte Hmong Cultural Center - Oroville, CA August, 2012-December, 2013  
Volunteer

- Helped organized, coordinate, and cleaned up the Oroville Hmong New Year event in Oroville hosted by the Butte Hmong Cultural Center.
  - Helped prepared lunch meals and served Hmong veterans and seniors during New Year events and meetings at the Butte Hmong Cultural Center.
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## HONORS/ORGANIZATION/CERTIFICATION

- Dean's List - California State University, Chico June 2013-Present
- Student Member - Academy of Nutrition and Dietetics May 2014-Present
- ServSafe & HACCP Certified Sept. 2013-Present
- Mental Illness First Aid Certified March 2014-Present
- Communication Chair & Media's Director - California State University, Chico Nutrition and Food Science Association Dec. 2013-Aug. 2015
- Community Chair - California State University, Chico Educational Talent Search Alumni Association Sept. 2013-Aug. 2014
- Vice President- Rotaract Club Jan. 2013- June 2013